

Alpine Meadows Assisted Living  
1695 S. Locust Grove Road  
Meridian, Idaho 83642

Postage  
Information

# Alpine Meadows

[www.alpinemeadowsidaho.com](http://www.alpinemeadowsidaho.com)

208-888-0090



## Celebrating September

**Labor Day (U.S.)**  
*September 2*

**Shakespearean Sonnets**  
*September 2*

**Catholic Mass**  
*September 4*

**Tour of Boise Aquarium**  
*September 11*

**Octoberfest Lunch**  
*September 20*

**Variety Faire with JeNeale**  
*September 21*

**Foot Clinic**  
*September 23*

**Healthy Tips with ID Home Health**  
*September 26*

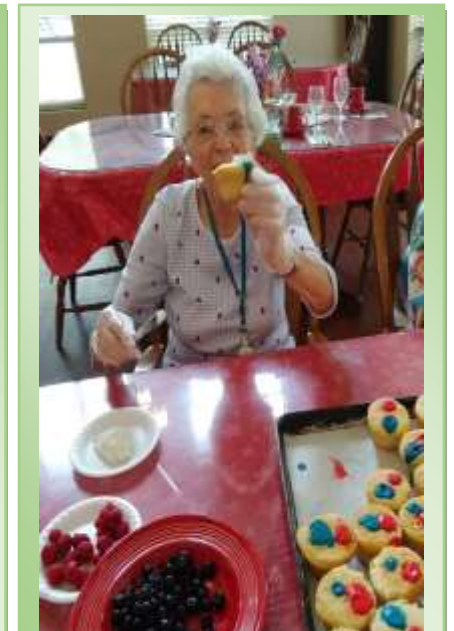
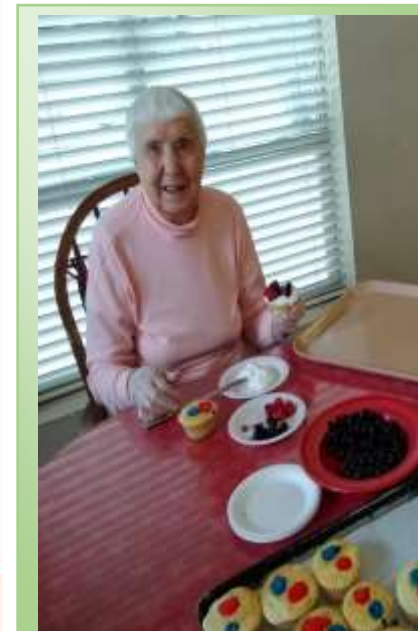
## The Woman in the Moon



On the 15th day of the eighth month on the Chinese lunar calendar comes the second-grandest festival in all of China: the Mid-Autumn Festival, also known as the Harvest Moon Festival. This year, it falls on September 13. On the night of the full moon, families gather together for a merry feast. It is traditional to give, receive, and eat mooncakes, those dense, sweet pastries filled with red bean or lotus seed paste. Cakes are often imprinted with Chinese characters referencing the holiday and its legendary characters. Another common tradition is to light paper lanterns and release them into the night sky. It is also the perfect night to yearn for family and friends who live far away, much like the man....or woman in the moon.

## Poke 'em if you got em'

We may not make moon cakes – but we do make poke cakes! And you can too. Inject your favorite color (with food dye) into a white or yellow cupcake and top it with your choice of fruit and whipped topping for a fresh dessert. When you bite into it; the color pops right out!



## Foot Clinic



Stonebridge Foot Clinic has been providing foot care services to the Treasure Valley for over 10 years. We offer a variety of services including foot soaking, nail trim & file, callus filing and a short foot and calf massage with lotion. We also offer fingernail care if desired.

Our staff of Certified Nursing Assistants, Licensed Practical Nurses and Registered Nurses provide this outstanding service. Registered and Licensed Practical Nurses provide personal care to diabetic and blood thinning patients. Charges for these services are as follows:

Feet only: \$25 | Feet and Hands: \$30 | Hands only: \$10

We look forward to our continued service with the residents of Alpine Meadows!

## September Birthdays

Those born between September 1–22 are Virgo's Virgins. Virgos love paying attention to details—not to be picky, but to help others. Their industriousness makes them smart problem-solvers and fact-finders. Those born between September 23–30 balance the scales of Libra. Libras epitomize fairness and balance, often striving to minimize conflict and seek compromise. They achieve this with their charming, sincere, and lovable personalities.

- Queen Elizabeth I (monarch) – September 7, 1533
- Col. Sanders (businessman) – September 9, 1890
- Roald Dahl (writer) – September 13, 1916
- Agatha Christie (writer) – September 15, 1890
- Lauren Bacall (actress) – September 16, 1924
- Greta Garbo (actress) – September 18, 1905
- Michael Faraday (scientist) – September 22, 1791
- Shel Silverstein (poet) – September 25, 1930

**Berniece Banman – September 21<sup>st</sup>**

Activity Corner



Anytime of year, we sure have a great time at Alpine Meadows! *At left*, we have a group out to Zoo Boise, *at right*, we are having a rocking luau! *Bottom left*, the Boise Bards are performing the Tempest, and *at middle right*, we are working on stencil art. And did you ever wonder what a bus full of seniors looks like headed for a great afternoon of yummy food & shopping? Take a peek at the *bottom right*. Lots of smiles! 😊



Resident of the Month: Robert Pierce

Robert Pierce was born Jan 18, 1929, in Kansas, City KS, one of 3 children. It was here that he was raised & attended school before entering the military at the age of 17. He spent 7 years as a marine and earned the rank of Sergeant.

Newly returned from the service, Bob settled in Elkhart, Indiana and began a long career in sales. First, he sold automobiles – specifically Pontiacs and then changed over to the food industry, selling cookies and crackers. It was during this time that he met his wife Vivian Stanfield, a woman with 2 daughters (Lynda and Diane). The two fell in love and married after a 2-year courtship in 1958.

Shortly after, the family moved to Wichita Falls, Texas and the couple had two more children, Kimberly and Robert Jr. They lived here for 5 years before settling in Boise. The Manufacturing Housing Industry was calling! Bob began working for the Nashua Homes of Idaho, a career he enjoyed for 44 years! This position offered him a great deal of opportunities to travel. Some of his favorite trips included Hong Kong, Holland and Hawaii. He loved sharing his adventures with Vivian. On weekends, the family would head to Terrace Lakes, Idaho where they would enjoy a number of recreational activities including swimming, the hot springs, golfing, motorcycling and snowmobiling. They all were great fans of the outdoors! Unfortunately for their little family, Bob lost Vivian to cancer in 1978.

But love was to be found again when he was introduced to Cleone Mildford, and after another 2-year courtship, the couple were married in 1986. Bob retired in the year 2000 and was able to devote himself full-time to family. They had a swimming pool at home and loved having their children and grandchildren over, especially for barbecues. Bob was a grill master, making his own sauce and his specialty was grilled catfish and T-bone steaks! Bob was pretty handy around the house too. His motto was – duct tape can fix most anything! And if it can't, just whack it with a hammer!

Bob and Cleone also like to travel, especially to visit with family. Some of their trips took them to North Carolina, Texas, Florida and Sun Valley. Bob came here to Alpine Meadows in 2019. Here he loves to socialize; he has a welcoming smile and a contagious wit. He loves music, going to movies and out to lunch. And he still loves a good T-bone steak. 😊

