

Alpine Meadows  
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Postage  
Information

# Alpine Meadows

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## Celebrating March

### Irish Heritage Month

### Wii Bowling Tournament

*March 1*

### Out to Lunch

*March 13*

### Irish Dance Idaho

*March 15*

### Kilarney Irish Dance

*March 16*

### St. Patrick's Day

*March 17*

### Healing Mass

*March 20*

### Encompass Seminar: Heart Healthy Habits

*March 21*

### Downton Abbey Tea Party

*March 28*

## Religious Roots to Raucous Parties

As March arrives, many look forward to the holidays of St. Patrick's Day and Mardi Gras. Yet both of these holidays are more modern American inventions than age-old religious traditions. St. Patrick's Day, as a religious celebration, has a lengthy history. It dates back to the mid-17th century and was initiated to honor Saint Patrick and his work to bring Christianity to Ireland. The Feast of St. Patrick was held each year on the date of his supposed death, on March 17, 461 AD. The observance of the date was a solemn occasion, mostly involving quiet prayer. As recently as the 1970s, pubs were closed in Ireland on St. Patrick's Day. The rollicking revelry typically associated with the day was decidedly un-Irish and an American invention. During the Irish Famine of 1845–1850, many Irish immigrated to America. As the Irish community grew and prospered, they began to celebrate both their Irish-ness and their newfound American-ness. Shamrocks, and leprechauns were never part of true Irish St. Paddy's Day celebrations, but they were integrated into Irish-American identity and so became celebrated symbols of St. Patrick's Day. The American version of St. Patrick's Day is so strong that many Irish-American traditions have even returned to Ireland.



## Meet the Staff



Karena Ireland was born in Washington State the youngest of 9 children. She is the only person in her family to attend (*and complete*) both college and graduate school. She was a children's pastor for several years at Nampa First church before making a career change to nursing. Her first love is hospice care

and she lectures annually at universities about end of life nursing. She also has taught clinical classes to first year nursing students at CWI. Karena is married with 6 children. She began her career with Alpine Meadows this year and is already loving our residents 😊 and hopes to utilize all of her talents every day and to encourage our staff to dream big. Welcome our new head nurse, Karena Ireland!

## March Birthdays

In astrology, those born March 1–20 are the slippery Fish of Pisces. Selfless Pisces are very wise and empathetic, making them always willing to help others. These deep emotions also make Pisces talented artists and good friends. Those born March 21–31 are Rams of Aries. Like rams, Aries charge forward with courage, confidence, and enthusiasm. They embrace action, take risks, and will fight for their goals.

Ron Howard (actor/director) – March 1, 1954  
Dr. Seuss (author) – March 2, 1904  
Jean Harlow (actress) – March 3, 1911  
Elizabeth Barrett Browning (poet) – March 6, 1806  
Liza Minnelli (entertainer) – March 12, 1946  
Albert Einstein (scientist) – March 14, 1879  
Moms Mabley (comedian) – March 19, 1894

**Harriet Mitchell – March 9<sup>th</sup>**  
**Carmen Canfield – March 14<sup>th</sup>**  
**Carolyn Bancroft – March 17<sup>th</sup>**

ACTIVITY CORNER



Family history is important! And we love to share stories about where we came from. That's just one of the reasons why show & tell is so fun! (Top right and left) And outings are always a great time, (middle) especially when there's good food

involved! Each month, we try to visit a specialty restaurant and this time it was the Griddle. Waffles, anyone? 😊 And we love to celebrate holidays, so we made Valentine cards for everyone (above) and had a dance to celebrate the day of romance. (left) Cha, cha, cha!

Resident of the Month: Chee Julian

Chee Y. Julian was born in December, 1937 on his family's homestead near Farmington, New Mexico on the Navajo Reservation. He was born second of ten children. When Chee was six years old, he went to live with his uncle who had just returned from WWII. In his early teens, Chee was offered an opportunity to get an education. Instead of going to a local boarding school, he rode a bus up to Brigham City, Utah to attend the Intermountain Indian School. Once there, he studied the art of upholstery; graduating in 1956. Soon after, he became an apprentice with an upholstery shop in Nampa, Idaho.

With his new life starting in Idaho, Chee began to make friends and it wasn't long before he was introduced to Ruth Brown; and the two began dating. Following her graduation from high school and attendance in beauty school, Ruth and Chee were married August 31, 1964.

Chee worked as an upholster for more than 62 years; though it was more than an occupation. He also enjoyed making various clothes, stuffed animals and drums (*much to the delight of his children and grandchildren*). He also enjoyed camping, fishing and hunting with his children. Chee always had a great love of the outdoors and often took long walks around town and on the greenbelt. He also enjoys watching football (*Go Broncos!!*) and old western movies.

Ruth and Chee happily lived in their home in Boise for nearly 51 years. They have seven children, fifteen grandchildren, seven step-grandchildren, five great step-grandchildren, and one more great-grandchild on the way.

Here at Alpine Meadows, Chee loves to socialize, he has a ready smile and a wonderful wit. He enjoys live entertainment, trivia, Bingo....and pie. He loves pie! 😊

