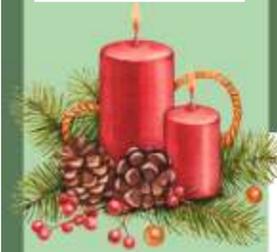


Alpine Meadows  
1695 S. Locust Grove Road  
Meridian, Idaho 83642

Postage  
Information



**Hanukkah  
Begins**

*December 3*

**Healing Mass**

*December 6*

**Spa Day**

*December 7*

**Christmas  
Party**

*December 18*

**Out to Lunch**

*December 19*

**Encompass  
Seminar:**

**Dining as we Age**

*December 20*

**Christmas**

*December 25*

**Tour of Boise**

*December 26*

**Happy Hour &  
Cocoa Bar**

*December 27*

**Countdown to  
the New Year!**

*December 31*

# Alpine Meadows

December 2018

1695 S. Locust Grove Road, Meridian, Idaho 83642 208-888-0090



## Season's Greetings

To all of our Alpine Meadows friends and family. The Christmas holidays are nearly here! And we are ready to celebrate. We have a delightful party planned with food, festivities and fun and we'd love for you to join us!

**Tuesday, December 18<sup>th</sup>**

**6:00 pm Gifts & Family Pictures with Santa**

**6:45 pm Entertainment with the Encore Theatre Carolers**

One of our activities this evening will be Santa's gift delivery. And just to be sure everyone receives something special, **we are asking family members to bring a gift for their loved one, wrapped and tagged from Santa.** Please have your gift brought here by **Dec 17<sup>th</sup>** so that we can be sure to have a gift for everyone.

Following Santa, we'll have goodies and entertainment with Treasure Valley's premier vocal ensemble, The Encore Theatre Carolers! This wonderful group presents a blend of song, stories and comedy that provides a festive touch to every holiday occasion. Please join us for a wonderful evening that is sure to delight one and all.

**Merry Christmas!!!**

## December Birthdays

In astrology, those born between December 1st and 21st are Archers of Sagittarius. Archers are exciting and independent. Their positive attitude, great sense of humor, and kind heart make them excellent friends. Those born between December 22nd and 31st are Goats of Capricorn. Goats are the most stable of astrological signs. Reliable, economical, practical, and organized, they make good multi-taskers and politicians.

Bette Midler (singer) – December 1, 1945  
Ty Cobb (ballplayer) – December 18, 1886  
Ray Romano (comic) – December 21, 1957  
Howard Hughes (aviator) – December 24, 1905  
Maggie Smith (actress) – December 28, 1934  
Bo Diddley (musician) – December 30, 1928

*Harold Johnson - December 1<sup>st</sup>*  
*Ralph Orcutt - December 22<sup>nd</sup>*

## Here we Come A-Caroling

Are these funny facts about our favorite holiday carols true or false?



1. "Deck the Halls" was a bawdy Welsh tune sung on New Year's Eve.
2. "Jingle Bells" was written to celebrate Thanksgiving.
3. The lyric "Have Yourself a Merry Little Christmas" was originally followed with the depressing line "It may be your last."

**ANSWERS: They're all TRUE!**



## History in the Making



Making memories by looking to the past! We had a couple of great field trips this month. First, at the Train Museum in Nampa; (left) what wonderful artifacts they have! Some of our folks even remembered when Nampa was a major hub for goods and services received by train! Then we headed out to Boise (top rt) to see the long-awaited reopening of the Idaho History Museum. So many things to see! Paintings, film, western wear, and a beautiful section featuring clothing of our states' first ladies. A very informative trip! At bottom right, we are trying new cuisines at the Pad Thai Restaurant and making Austrian strudel for Happy Hour. So continental!



## Resident of the Month - Mildred Hickman

Having lived in this area all my life, you could call me a "True Idaho Spud". ☺ Born in Parma and raised on a farm in Wilder, both west of Caldwell, I learned the value of hard work. Being part of a large family (*the Harshman's*), I also learned to volunteer so as to choose jobs I was best suited for.

Vincent Hickman and I were married in 1949. Moving to our home in Boise in 1959, we raised our 5 children, (3 boys – Leo, Lloyd and Vern and 2 girls – Carol and Nina). Vin passed away in 2002. I have 14 grandchildren, 29 great grandchildren, and my first great-great grandchild, a baby girl, by year's end. I have lots of fond memories.

I was a volunteer for the Boise Police Department for more than 11 years, until patrolling and neighborhood watch were eliminated. I still worked in my neighborhood however; welcoming new residents.

Other interests include church, family, friends, and gardening – especially flowers. My hobbies are scrapbooking, crafts, crochet and china painting; which I taught. I worked in the ceramic and china departments at the Western Idaho Fair for 43 years until my health declined.

Since moving to Alpine Meadows, everyone has been so kind to welcome me, especially my long-time neighbor and dear friend, Mary Dennis. I enjoy most of the activities, including exercise classes, discussions, current events, entertainment and outings.

I'm just an "Ole Country Girl" where everyone waves at passers-by, so my motto is: "You don't have to remember my name, just my face; smile, and wave back."

You're always welcome to drop by. ~ Mildred Hickman

